

# *Not Every Boat Is Yours to Fix*

A CHILDREN'S PICTURE BOOK · ARIA MARLI COLLECTIONS

A story about boundaries, self-worth, and the quiet strength it takes to choose yourself — written for children, and the adults who still need to hear it.

Ages 4–8

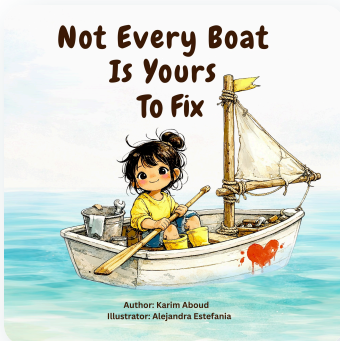
Hardcover Picture Book

Social-Emotional Learning

[ariamarlicollections.com](http://ariamarlicollections.com)

## THE BOOK

### About the Story



### *Not Every Boat Is Yours to Fix*

Written by Karim Aboud · Illustrated by Alejandra Estefanía

Ages 4–8

Hardcover

Social-Emotional Learning

Boundaries & Self-Worth

This book didn't start as a book. It started as a pattern — of trying to fix everything, of staying longer than one should, of believing that if you just tried a little harder or gave a little more, things would finally feel right.

*Not Every Boat Is Yours to Fix* is written for children — to give them

language and awareness earlier than many of us had — but it's also written for the adults reading it. For the ones who see themselves in the pages. For those who have overgiven, overextended, or lost themselves trying to hold everything together.

Through gentle rhyme and heartfelt storytelling, it opens a conversation about boundaries, self-worth, and the quiet power of choosing yourself.

## THE AUTHOR

# About Karim Aboud

### SHORT BIO — FOR SHOW NOTES

Karim Aboud is a Miami-based artist, storyteller, and children's book author whose work is rooted in emotion, resilience, and truth. The creator of Aria Marli Collections and author of *Not Every Boat Is Yours to Fix*, Karim writes books that help children understand their worth early — and remind women everywhere that choosing themselves is not selfish. It's necessary.

### FULL BIO — FOR PRESS & FEATURES

Karim Aboud is a Miami-based artist, corporate trainer, and author with a background in visual art and a lifelong passion for storytelling. With her brand Aria Marli Collections, she has spent years creating emotionally symbolic work that explores identity, resilience, and the human experience.

Her journey into writing was shaped by personal transformation — including the profound loss of her daughter — an experience that reshaped her understanding of boundaries, love, and what it means to choose yourself. *Not Every Boat Is Yours to Fix* was born from that journey: a gentle guide for young readers and a deeper mirror for the adults who share it with them.

## THE ILLUSTRATOR

# About Alejandra Estefanía

VISUAL ARTIST & CREATIVE DIRECTOR

## *Alejandra Estefanía*

Born in Guayaquil, Ecuador · Based in Miami, FL

Alejandra Estefanía is a multidisciplinary artist and creative director recognized for her surreal, spiritually infused visual language and emotionally charged work layered with rich symbolism. Her practice explores the intersection of inner transformation, human experience, and spiritual exploration — crafting immersive visual narratives that transcend the physical and invite deeper states of awareness and connection.

Her collaboration on *Not Every Boat Is Yours to Fix* brings a rare depth to the page: art that doesn't just illustrate a story, but inhabits it.

Nike

Disney

Miami Heat

Featured in Forbes

Artist of the Year — Carnival Miami

Columbia University Faith-Based Leader

Ecuadorian Consulate Honoree

PRAISE

## What People Are Saying

*"Through gentle rhyme and heartfelt storytelling, this book reminds readers of all ages that you can love, you can give, and still know when it's time to step away. A tender story about boundaries, self-worth, and the quiet strength it takes to choose yourself."*

### **Deirdre Palm Adams**

Author of *The Adventures of Rocky* series, including *Don't Be Afraid, Rocky*, *Don't Worry, Rocky*, and *Don't Be Bullied, Rocky*

# Interview Topics & Talking Points

01

## Why Boundaries Start in Childhood

The people-pleasing patterns adults struggle to break were almost always formed before age 10. How storytelling can give children the language they need before those patterns set.

02

## Raising Empathetic Kids Without Raising Martyrs

How do we teach children to care for others without losing themselves? The fine line between compassion and self-abandonment — and how to talk about it at bedtime.

03

## Writing Through Grief & Loss

Karim's journey into authorship was shaped by profound personal loss. A conversation about transformation, healing, and how pain becomes purpose on the page.

04

## Books as Emotional Tools for Kids

Bibliotherapy for children is growing. How a picture book can open conversations that even the most present parents don't know how to start — and why rhyme makes it land.

05

## The Self-Publishing Journey as a Woman of Color

From vision to KDP — the honest story of bringing a picture book to life independently. Born and raised in Miami to Cuban and Lebanese parents, Karim brings a multicultural lens to stories that speak to every child.

06

## Choosing Yourself Is Not Selfish

The through-line of the book and Karim's life. A conversation for the moms, the caregivers, and the over-givers — why teaching our children to choose themselves starts with watching us do it first.

## CREDIBILITY

# Why Karim

- Children's book author — *Not Every Boat Is Yours to Fix*, available on Amazon
- Founder of Aria Marli Collections — fine art & visual storytelling brand based in Miami
- Corporate trainer working across the Caribbean beauty & wellness industry
- Active social media presence on TikTok, Instagram & Pinterest
- Born and raised in Miami to Cuban and Lebanese parents — authentic multicultural
- Illustrator with global brand credits: Nike, Disney, Forbes, Miami Heat

REACH

## Who's Listening



### PRIMARY

Millennial moms raising emotionally aware children — active on TikTok, Instagram & parenting podcasts



### SECONDARY

Women healing from people-pleasing, over-giving, and learning to set boundaries — self-growth & wellness listeners



### CROSSOVER

Therapists, educators, and counselors who use bibliotherapy and social-emotional tools with children

## *Let's Connect*

Available for podcast interviews, panel features, school visits, and brand partnerships.

### WEBSITE

[ariamarlicollections.com](http://ariamarlicollections.com)

### INSTAGRAM

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### BUY THE BOOK

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